



## Cellyvit M

### Introduction

Cellyvit M belongs to the category of dietary supplements. The medicine helps to treat Fatigue, stress, exhaustion and improve physical performance.

### Description

Cellyvit helps to treat fatigue, stress, weakness & exhaustion, improves physical performance, retard degenerative processes of aging and improve body resistance to infections. It helps fight free radicals damaging effects and exhibit positive effect on growth and energy. The product is very effective in improving immunity levels and maintains all-round health of the body. It is also enriched with antioxidant properties that protects the body cells from oxidative damage. It helps in combating the free radicals that are produced in the body. It ensures normal functions of the body.

### Uses and Benefits of Cellyvit M

- Effective in lowering LDL cholesterol levels, & inhibit the abnormal formation of blood clots.
- The capsules acts as anti-bacterial, anti-viral & anti-inflammatory.
- Inhibit cholesterol biosynthesis & decreases reactive oxygen species (ROS).
- The vitamins, minerals & antioxidant in capsule enhances different immune functions.
- Helps in vision and cataract and other eye related diseases.
- Helps in neural pain and sleep disorders.
- A multivitamin supplement which is a combination of calcium and vitamin D3 (a fat-soluble sterol) which is used for the regulation of calcium and phosphate homeostasis and bone mineralization.
- This capsule helps in increasing immunity and maintains overall health
- This medication is used as an essential body mineral, it ensures the adequate supply of calcium to bones.
- Helps to maintain healthy skin and hair.
- Helps in good teeth health.

- It helps in preventing free radical damage of the cells.
- It helps in protecting the cells against oxidative stress.
- It helps in maintaining healthy, normal blood pressure.
- It promotes heart health and lymphatics systems.
- Helps in treating anemia in the body.
- Multivitamins provides beneficial levels of B vitamins, iron and zinc to support normal cognitive function.
- Multivitamins are packed with B vitamins, iron and magnesium, all of which help to maintain energy levels
- Helps to maintain the nutrition after surgery.

### **Composition and Mechanism Of Maprovit-3,6,9**

**BETA CAROTENE 10MG:** for healthy skin and mucous membranes, our immune system, and good eye health and vision.

**LYCOPENE (6%) -1000 mcg**Lycopene is a powerful antioxidant with many health benefits, including sun protection, improved heart health, eye sight, sexual health, bone health and a lower risk of certain types of cancer.

**VIT B1 THIAMINE MONONITRATE- 1MG :** Thiamine is also used for AIDS and boosting the immune system, diabetic pain, heart disease, alcoholism, aging, a type of brain damage called cerebellar syndrome, canker sores, vision problems such as cataracts and glaucoma, motion sickness, and improving athletic performance.

**VIT B2 RIBOFLAVIN- 2 MG:** Vitamin B2 helps break down proteins, fats, and carbohydrates. It plays a vital role in maintaining the body's energy supply. Riboflavin helps convert carbohydrates into adenosine triphosphate (ATP). The human body produces ATP from food, and ATP produces energy as the body requires it.

**VIT B6 PYRIDOXINE HYDROCHLORIDE- 1MG :** Vitamin B6 plays an important role in the body. It is needed to maintain the health of nerves, skin, and red blood cells. Pyridoxine has been used to prevent or treat a certain nerve disorder (peripheral neuropathy) caused by certain medications (such as isoniazid).

**VIT B 12 CYANOCOBALAMIN-1 MCG:** Cyanocobalamin is a man-made form of vitamin B12 used to treat low levels (deficiency) of this vitamin. Vitamin B12 helps your body use fat and carbohydrates for energy and make new protein. It is also important for normal blood, cells, and nerves. Also, used to treat pernicious anemia; dietary deficiencies due to malabsorption diseases, inadequate secretion of intrinsic factor, and inadequate utilization.

**CHROMIUM PICOLINATE-34 MCG:** The body needs only trace amounts of chromium, Chromium picolinate has been used in alternative medicine to treat chromium deficiency, as an aid to controlling blood sugar in people with diabetes or prediabetes, to lower cholesterol, and as a weight-loss supplement. It helps in pertaining to glucose metabolism, insulin action, muscle mass, weight control, and diabetes prevention.

**COPPER -2 MG and ZINC OXIDE-12 MG:** Helps to maintain mineral content in body.

**BIOTIN 30 µg:** Biotin is a water-soluble B-vitamin that helps your body convert food into energy. It is especially important during pregnancy and breastfeeding. In addition, biotin is important for the health of your hair, skin and nails.

**BORON 150 µg:** Improves Brain Function, Reduces Osteoarthritis Symptoms, Prevents and Treats Yeast Infections with Boric Acid, Helps Metabolize Insulin, Helps with Kidney Stones, Supports Metabolic Processes, Protects Against Oxidative Stress, Prevents Vitamin D Deficiency.

**CALCIUM 90 MG:** Your body needs calcium to build and maintain strong bones. Your heart, muscles and nerves also need calcium to function properly.

**CARROT EXTRACT 100 MG:** Carrots contain vitamin A, antioxidants, and other nutrients. Evidence suggests that eating more antioxidant-rich fruits and vegetables, such as carrots, can help reduce the risks of cancer and cardiovascular disease.

**CHLORIDE 63.5 MG:** It helps keep the amount of fluid inside and outside of your cells in balance. It also helps maintain proper blood volume, blood pressure, and pH of your body fluids.

**FOLIC ACID 0.1 MG:** Folic acid helps your body produce and maintain new cells, and also helps prevent changes to DNA that may lead to cancer. As a medication, folic acid is used to treat folic acid deficiency and certain types of anemia.

**IODINE 0.15 MG:** Promoting thyroid health. **Iodine** plays a vital role in thyroid health, Reducing risk for some goiters, Managing overactive thyroid gland, Treating thyroid cancer, Neurodevelopment during pregnancy, Improving cognitive function, Improving birth weight, May help treat fibrocystic breast disease.

**IRON 10 MG:** **benefits** of managing **iron** levels include eliminating fatigue and many of its sources. **Iron** also plays a vital role in immune system function, treating anemia, boosting hemoglobin, and much more.

**LUTEIN 4 MG:** filter harmful high-energy blue wavelengths of light and help protect and maintain healthy cells in the eyes. Of the 600 carotenoids found in nature, only these two are deposited in high quantities in the retina (macula) of the eye.

**MAGNESIUM 55 MG:** Boost Exercise Performance, Fights Depression, Can Lower Blood Pressure, It Has Anti-Inflammatory Benefits, Can Help Prevent Migraines.

**MANGANESE 2.5 MG:** strong antioxidant properties may reduce disease risk, Plays a Role in Blood Sugar Regulation

**MOLYBDENUM 25µg:** It activates enzymes that help break down harmful sulfites and prevent toxins from building up in the body.

**NICOTINAMIDE 20 MG:** nicotinamide has the benefit of not causing skin flushing.

**PHOSPHORUS 58 MG:** build strong bones and teeth, filter out waste in your kidneys, grow, maintain, and repair tissue and cells

**POTASSIUM 70 MG:** decreases the risk of stroke, lowers blood pressure, protects against loss of muscle mass, preserves bone mineral density, and reduces the formation of kidney stones.

**SELENIUM 30 µg:** Selenium plays an important role in the health of your immune system. This antioxidant helps lower oxidative stress in your body, which reduces inflammation and enhances immunity.

#### **How to take Cellyvit M**

- Cellyvit m should be swallowed whole.
- Cellyvit m should not be crushed, chewed or broken before consumption.
- Cellyvit m,6,9 can be taken with or without food.
- The course of Cellyvit m should be completed. It should not be stopped without consulting a doctor.
- It is advisable to stay hydrated while consuming Cellyvit m
- The dosage prescribed by the doctor should be strictly followed.

#### **Cellyvit M Interaction**

Drug interactions may change how your medications work or increase your risk for serious side effects. This document does not contain all possible drug interactions. Keep a list of all the products you use (including prescription/nonprescription drugs and herbal products) and share it with your doctor

and pharmacist. Do not start, stop, or change the dosage of any medicines without your doctor's approval. Before taking this medication, tell your doctor or pharmacist of all prescription and nonprescription/herbal drugs you may use, especially: other vitamin/nutritional supplements. If your brand of multivitamin also contains iron, avoid taking this product at the same time as antacids, bisphosphonates (for example, alendronate), levodopa, thyroid medications (for example, levothyroxine), or some antibiotics (for example, tetracyclines, quinolones such as ciprofloxacin). Ask your doctor or pharmacist about how long you should wait between doses and for help finding a dosing schedule that will work with all your medications. If your brand of multivitamin also contains folic acid, be sure to tell your doctor or pharmacist if you take certain anti-seizure drugs (e.g., hydantoins such as phenytoin). This medication may interfere with certain lab tests, possibly causing false test results. Make sure lab personnel and your doctors know you use this drug.

### **Cellyvit M contraindications:**

- Pediatric use: **Cellyvit M** should not be given to children below 16 years of age.
- Infections: A patient suffering from any kind of infection should exercise caution while taking Cellyvit M as it may hide the respective symptoms. It is advised to monitor the condition and a doctor should be consulted.

### **Side Effects of Cellyvit M**

Constipation, diarrhea, or upset stomach may occur. These effects are usually temporary and may disappear as your body adjusts to this medication. If any of these effects persist or worsen, contact your doctor or pharmacist promptly. If your doctor has prescribed this drug, remember that he or she has judged that the benefit to you is greater than the risk of side effects. Many people using this medication do not have serious side effects. A very serious allergic reaction to this drug is rare. However, seek immediate medical attention if you notice any of the following symptoms of a serious allergic reaction: rash, itching/swelling (especially of the face/tongue/throat), severe dizziness, trouble breathing. This is not a complete list of possible side effects. If you notice other effects not listed above, contact your doctor or pharmacist.

### **Missed Dose**

If you are taking this product on a prescribed schedule and miss a dose, take it as soon as you remember. If it is near the time of the next dose, skip the missed dose. Take your next dose at the regular time. Do not double the dose to catch up.

### **Storage**

Store at room temperature between 59-86 degrees F (15-30 degrees C) away from light and moisture. Do not store in the bathroom. Keep all medicines away from children and pets. Do not flush medications down the toilet or pour them into a drain unless instructed to do so. Properly discard this product when it is expired or no longer needed. Consult your pharmacist or local waste disposal company for more details about how to safely discard your product.

**This product is not a substitute for a proper diet. Remember that it is best to get your vitamins from healthy foods. Maintain a well-balanced diet and follow any dietary guidelines as directed by your doctor**



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